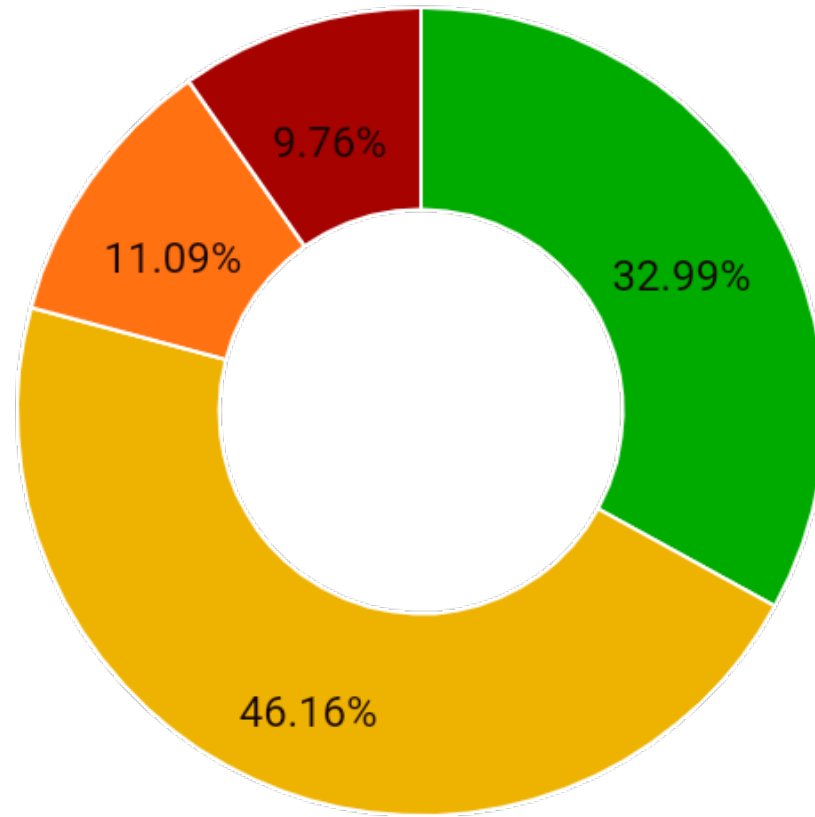
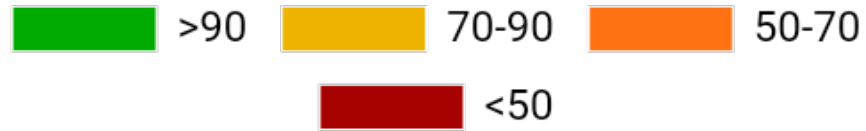


Regularity in % of HRV curve



HRV-Recording-30062022-190105

DATUM (SS:MM:SS)
30.06.22 19:01:05

ZEIT (SS:MM:SS)
00:03:47

MAXIMUM
82.8 HR

MINIMUM
53.8 HR

DIFFERENZ MIN/MAX
29 HR

DURCHSCHNITT SESSION
64.41 HR

IHRE PUNKTE:
216.57

SDNN
73.86 ms

RMSSD
62.87 ms

NN50
105

PNN50
43.21 %

STRESS INDEX
40.96

DURCHSCHNITT HR
64.00 HR

DURCHSCHNITT RR
937.50 ms

ANZAHL KORRIGIERTER WERTE
0

KORRIGIERTE WERTE PROZENT
0.00 %

POWER HF (MS2)
1405.1002

POWER HF (LOG)
7.24786

POWER HF (%)
36.6545

POWER LF (MS2)
1491.4096

POWER LF (LOG)
7.30748

POWER LF (%)
38.9061

POWER VLF (MS2)
936.8497

POWER VLF (LOG)
6.84252

POWER VLF (%)
24.4394

LF / HF-VERHÄLTNIS
1.0614